



**Tamarack
Waldorf School
Athletic Code**



Tamarack Waldorf School 2016-2017 Athletic Code

Parents and Students,

Thank you for choosing to support Tamarack Waldorf School's (TWS) Sports Program! We are excited to partner with you to help your child develop a sense of good sportsmanship, a healthy and active lifestyle, and to encourage their development in their sense of themselves in the world. Being a part of the Tamarack Knights sports community is a privilege, not a right, and comes **second** to being a student. The purpose of this athletic code is to serve as a guide to our student-athletes in regards to responsibilities to the school, their teammates, and themselves, and to lay out conditions of participation in the program.

All policies within this code are in accordance with the MPS/Milwaukee Recreation rules and regulations. For more information on these policies, please see Tamarack's Sports Coordinator, or visit the Milwaukee Recreation website (<http://milwaukeeerecreation.net/rec.htm>).

We look forward to being able to serve you and your family in your extra-curricular endeavors, and hope that the season is an enjoyable one for students and families alike.

Go Knights!



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Conduct

Students must adhere to all policies set forth in the Family Handbook. If you have not received a copy of this handbook, please contact the school front office. In addition to those policies, student athletes must also adhere to the athletic code set forth in this document.

Student-athletes at Tamarack Waldorf School will (in addition to policies and procedures covered in this code):

1. adhere to all policies and procedures in the Tamarack Waldorf School Family Handbook;
2. treat teammates, coaches, managers, opponents and officials with dignity and respect;
3. obtain and maintain equipment necessary for participation;
4. will represent Tamarack Waldorf School with character at all times, on or off the court/field, whether in the classroom, practice, meetings, competition or otherwise;
5. adhere to all MPS/Milwaukee Recreation rules and regulations.

Code of Conduct violations which occur outside of an athlete's season may result in penalties during the next season. Violations which occur after an athlete's final season may result in penalties that impact eligibility for athletic participation in the following school year.

Attendance

Student-athletes must be present on the school day in order to participate in sports practices or games on that same day. Exceptions will be granted for medical/ dental appointments, funerals, family emergencies, court dates, and limited other situations (with school leadership discretion). Proper written documentation must be provided if any absence is to be excused, and if occurring on the same day of a game, the excuse must be received before the end of main lesson on that day. If the valid absence occurs on a Friday, the student may be eligible to participate in the extracurricular activity during the weekend, at the discretion of teachers and coaches.

Students absent from school due to illness may not participate in after-school extra-curricular activities.

Practices are mandatory. Students must be present at all scheduled practices in order to participate in competition. It is at the coaches' discretion to allow student-athletes who have missed practices for reasons other than excused absence, to play in games.

Students serving a suspension are not allowed on school property, and may not be in attendance of any school events during suspension.



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Academic Eligibility

Research shows that participation in sports programs help students succeed academically.

Student-athletes at Tamarack Waldorf School, must meet the Department of Public Instruction (DPI) requirements defining a full-time student, and maintain good academic standing.

The academic eligibility policy at Tamarack Waldorf High School is designed to help students to become more successful. Students in good academic standing will be allowed to participate and represent

Tamarack. Those students not in good academic standing will be subject to supports intended to help them refocus on their academic needs as students first.

A student must maintain “good” academic standing to participate in our athletic programs, both practices and games. To maintain “good” academic standing, a school student must:

- Students must be in good academic standing in all their classes as confirmed by their teacher
- Be on track to graduation Not have habitual conduct issues that negatively affect personal learning or that of others

TWS reserves the right to restrict a student’s participation in athletics based on unacceptable academic performance, poor attendance or discipline issues.

In addition to the academic eligibility rules, students:

(i) Must maintain amateur status- i.e., they may not be identified as an athlete in the endorsement of a product or service and/or receive gifts or awards for their likeness or participation in competition, in-school or out. Students must always use **only** their own name in competition for sports.

(ii.) May not compete in non-school activity (even as an individual) during a school season of their sport. Skill contests must be approved by the school before participation is allowed. Athletes may not be coached/instructed by coaches out-of-season except during the “contact window” as approved by their sport.

(iii.) Must reside full- time with their parent(s) in their primary residence.



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Drug/ Tobacco, Alcohol, & Performance Enhancing Substance Use

Our educational mission is to help students develop clear thinking, sound judgment and conscientiousness in their actions. The use of consciousness-altering substances hinders healthy development, limits individual freedom and disrupts the culture of trust among students, faculty and parents.

Use, possession or distribution of tobacco, alcohol, marijuana and other drugs during the school day, on school property, at school functions or on school trips is cause for immediate suspension and potential expulsion. Illegal drugs include—but are not limited to—non-prescribed medication, steroids and other performance enhancing substances.

Use or possession of these prohibited items will result in a minimum of a one-game immediate suspension from the team, and possible ineligibility to practice and compete on TWS Sports teams going forward.

All students are also banned from participating in any illegal or criminal activity. Violation of this rule will result in possible permanent suspension from any sports teams and disciplinary action based on school policies.

Injuries

Following any injury, coaches must file a Accident/Injury Report Form with the Sports Coordinator or Main Office Coordinator. Forms can be found in the main office of Tamarack Waldorf School. In the case of minor injuries not requiring the services of a physician, the coach will determine when the student-athlete is ready to return to practice and games. An injured student-athlete should accompany a team on away games unless they are unable to walk.

If a student-athlete is injured during the season and is under a physician's care, the student-athlete must obtain a written release from the treating physician prior to resuming active participation in practices and games.

If a student-athlete develops a medical condition or is injured outside the season, whether a valid physical exam form is on file at the school or not, and there is any chance that participation in athletics could heighten the seriousness of the condition or render the student-athlete more prone to injury, the coaches and sports coordinator reserves the right to request a written clearance from the treating physician prior to declaring the student eligible to participate in athletics.

Insurance

All student-athletes must have adequate health insurance coverage in cases of accident or injury. No cost of medical conveyance or treatment will be borne by Tamarack Waldorf School or any of its employees or representatives.



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Physical Examination

All student-athletes wishing to play on a Tamarack Waldorf School Sports team must have a physical examination done once every other school year in order to maintain eligibility. Physical Exams must be completed and the student must be cleared for participation by a licensed physician or an Advanced Practice Nurse Prescriber (APNP) by the first practice for the student's respective sport. An alternate year athletic card is required in other years. A signed copy of the physical examination form or the alternate year athletic card must be on file with the school before students are allowed to practice or compete with their sports teams.

Physical exams taken April 1st and thereafter are valid for the following two school years. Physical exams taken before April 1st are valid only for the remainder of the school year and the next school year.

Emergency Contact Forms

Emergency contact information on the registration forms must be filled out and turned in to the Sports Coordinator before the first practice. The Sports Coordinator will make them available to the Head Coach of each sport.

Transportation Policy

Tamarack Waldorf School does not provide organized transportation to practices and games. Transportation must be provided by parents/guardians. Parents/guardians may team up to car pool.

When parents/guardians provide transportation to interscholastic athletic events, or allow their son/daughter to provide transportation to these events, the following policies are in effect:

- Where parents/guardians provide transportation for their son/daughter to or from a scheduled event, the parents/guardians shall assume all resulting liability, and the school shall assume no liability.
- Where a parent/guardian or another adult designated by the parents/guardians transports students other than their own to or from a scheduled event, the parents/guardians or designated adult transporting the students shall assume all resulting liability and the school shall assume no liability.
- Where a student transports himself/herself to or from a practice or scheduled event, the parents/guardians of that student shall assume all resulting liability, and the school shall assume no liability.
- Students may not provide transportation for other students to or from interscholastic athletic events, or to practices.

All parents/guardians of student-athletes are required to sign the Athletic Transportation Policy form prior to transporting their children or other student-athletes, allowing their children to be transported by another parent/guardian or designated adult, or requesting that their child(ren) transport themselves to an interscholastic athletic event. The form shall be submitted prior to the beginning of the season. If the need arises, it may be used for a particular date, but it must be submitted to the Sports Coordinator



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at least 24 hours prior to the date of transport to be in effect. A new form must be signed for each season in which the student-student-athlete participates.

Under unusual circumstances, the coach is empowered to allow a parent/guardian to sign the form after the completion of an event, but in no case shall an athlete be permitted to ride home with any adult unless a signed waiver form has been obtained.

Milwaukee Recreation/MPS

Tamarack Waldorf School Sports program is in collaboration with Milwaukee Recreation/MPS, and games/competitions are being hosted through Milwaukee Recreation/MPS. As such, we are bound to follow all rules as established by the Milwaukee Recreation/MPS and its member schools. Individuals wanting to read the rules in their entirety may access them on the Milwaukee Recreation/MPS website at website (<http://milwaukeeerecreation.net/rec.htm>).